



SENIOR FORUM

Wingspan's Elder Voice

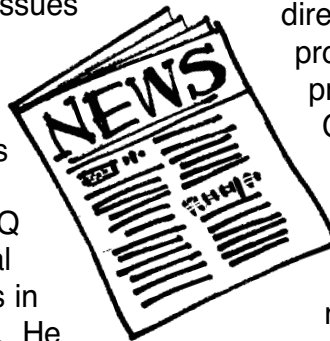
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430 East 7th Street, Tucson, AZ 85705 — 520-624-1779 — www.wingspan.org

Meet Wingspan's New Programs Director

Chad Mosher is the new Programs Director for Wingspan. He taught Counseling and Psychology in higher education for over 10 years with particular emphasis in multicultural LGBTQ competence. For the last 6 years, he worked in academic administration at the University of Phoenix in Tucson, Arizona, taught and conducted research, and became a founding member of the Arizona Association for gay, lesbian, bisexual and transgender issues in Counseling. His interest in advocacy and social change led him to serve on various committees and commissions in Tucson, including efforts within Wingspan. He has presented at national and local conferences in LGBTQ issues, including same-sex interpersonal partner violence, general LGBTQ issues in counseling, advocacy and social justice. He earned a Doctorate in Counseling Psychology from the University of Memphis with an emphasis in LGBTQ issues and multicultural competence. Prior to working in mental health and academia, Chad was a professional musician (cello) and music educator. -He is still searching for his niche within the Tucson music scene. He is looking forward to working with activists, leaders, and social change agents throughout Southern Arizona to promote justice and equality.



An Update on Wingspan's Anti-Violence Program

Wingspan announced the formation of an Advisory Committee for the Anti-Violence Project. The mission statement for this professional, active, and committed group: The Wingspan Anti-Violence Project (AVP) Advisory Committee assembles to support, problem solve, and advise AVP staff in best practices for community education, collaborations, direct services, policies and procedures, special events, and procurement of funding. Community partners in support of LGBTQ victims / survivors of domestic violence, sexual assault, hate crimes, discrimination and harassment meet monthly at Wingspan.

Our advisers include:

- *Stephanie Noriega* - Program Manager, Emegel Center Against Domestic Abuse,
- *Kat Sinclair* - Logistics Coordinator/ Volunteer, "Keep Tucson Together"
- *Lavina Tomer* - Chair, Wingspan Volunteer and founder of Wingspan's Domestic Violence Project
- *Michael Woodward* - UA LGBTQ Studies, and volunteer with Southern Arizona Gender Alliance (SAGA), and
- *Kathleen Young* - Coordinator of Clinical Services; Oasis Program Against Sexual Assault and Relationship Violence - a program of Campus Health.

Senior Pride Sponsors an Ice Cream Social

Wingspan's Senior Pride is hosting an ice cream social on June 12, 2014 for all Seniors and the Eon Youth. It will be held at the Eon Youth Center from 5 to 7 p.m. If you plan to attend, please RSVP to cmosher@wingspan.org during the first week in June.



Tucson and surrounding communities benefit from the AVP's 24-hour bilingual crisis line, 520-624-1348 or 1-800-553-9387. Walk-in Advocacy from continued on pg 2

An Update on Anti-Violence.... from pg 1

11 am to 5 pm, M-F at 430 E. 7th St, and an ongoing emergency support group. Call 624-1779 x 110 for information, bilingual advocacy, and community education. Website: www.wingspan.org.

Wingspan Receives Recognition and Award



The Spirit of Arizona Award Honoree for Organization - Wingspan, Southern Arizona's Lesbian, Gay, Bisexual, Transgender, LGBT, Community Center.

On Saturday, May 10th. Wingspan was honored to receive The Spirit of Arizona

Award from the Pima County Democratic Dinner Announcement.

On February 7, 1988, Wingspan was officially founded as Southern Arizona's LGBT Community Center, for lesbians, gays, bisexuals, and transgender folks, their friends and allies. On February 7th, Tucson Mayor Jonathan Rothschild issued a proclamation recognizing Wingspan's 25th Anniversary.

The roots of Wingspan go back to the late 1970's when local community members offered their homes on a rotating basis for a weekly Youth Support Group. As these meetings grew, and the need to establish additional groups arose, leaders of this informal group and other community members saw the need for a dedicated Center. On February 7, 1988, 50 people met at the Unitarian Universalist Church on 22nd St to form a "Lesbian and Gay Resource Center". They envisioned space where meetings could be held on a regular basis, a lending library could be available, and an info-line telephone service could be established to share community information.

This year sees other significant landmarks in Wingspan's growth - it is the 21st Anniversary of the Anti-Violence Program which began in 1993 as the Domestic

Violence Project and the 16th Anniversary of the founding of the Southern Arizona Gender Alliance (SAGA). And not to be outdone, Senior Pride celebrates ten years as Wingspan's program for LGBT seniors and their allies.

New UA Poetry Center Exhibit Celebrating LGBTQ Pride Month: Lesbian and Feminist Works from the Marie J. Kuda Archives

The UA Poetry Center presents an exhibition of lesbian and feminist works from the personal archives of Chicago-area writer, historian, activist and publisher Marie J. Kuda in celebration of LGBTQ Pride Month. "Lesbian and Feminist Works from the Marie J. Kuda Archives" opens May 19 and will run until July 30, 2014.

The exhibit will include a wide range of materials; from books to small pamphlets to postcards to typescripts, the materials on display tell the story of feminist and particularly lesbian poets creating a language for their experiences. Some of the materials on display had very limited distribution, and they present a unique snapshot of this important political and social movement.

Senior Services Presentations

Tucson Medical Center Senior Services offers the following free presentations this month. As usual, they are open to the public, but pre-registration is required by calling 324-4345, as some of the presentations get filled up in advance. They take place at 1400 N. Wilmot Rd. These are only a representative sample of classes and discussions - many others are available each month.



Thursday, June 5th from 1 to 3 PM -
Journey for Control: Diabetes Education

Tuesday, June 10th from 1:30 to 3:30 PM -
Alzheimer's Film/Discussion: What Every Caregiver Needs to Know About Alzheimer's

Thursday, June 12th from 5:30 to 6:30 PM
- Orthopaedic Lecture: Foot Care

continued on pg 5

Introduction: We've asked Kate Randall, co-owner of Antigone Books, to give us a profile of herself for this month's issue. Antigone Books is celebrating 40 years in business and is proud to be allied with the Tucson LGBT community. The store is a treasure trove of reading materials and gifts that serves all of Tucson. Antigone Books turned 40 in the fall of 2013. It was founded in 1973.

Dea Brasgalla: Who is Kate Randall, tell me about yourself.

Kate Randall: Hmmm!

I wandered into bookselling through a side door. I was working in home health care when I decided to look for something different. When I couldn't find a job waiting tables (a job I'd enjoyed in the past), I paused and asked myself, "Where would I REALLY like to work?" The answer was at Antigone Books, but I was sure everyone would want to work there, so what were the chances I could get hired? I filled out their application, which was a small slip of paper on which you wrote your name and phone number. Well, I was in luck. The sole staff person who worked there was going back to school. Since Trudy, Antigone's owner, knew me as the person who helped put out the lesbian newsletter called LunaSea, she hired me. She said she figured if I'd work that hard for no pay, that was a good sign.

That was in 1988 or so. A year and a half later, Trudy wanted to travel for a year with her family in their VW bus. We became business partners, and I ran the store while she was gone. When she came back, we had an opportunity to expand the business into the space next door. When I started, the store was in a 900 square foot space with a front door on 5th St, about 50 feet off of 4th Ave. We knocked out a wall into the space next to us, which brought us onto 4th Ave. at the corner of 5th St. and increased our space to about 1500 square feet. What a difference that made! Our business grew. And that was a lucky thing because we weren't making nearly enough money to support both of us.

We've now been business partners for 24 years. In 1995, our landlord put us on month-to-month lease, so we decided we needed to move and find more stability. That prompted our move to the building at 411 N. 4th Ave, where Antigone Books is now. The space was three times as big as our old space and we thought we'd never fill it. But we sure did!

DB: What inspires you..where does your passion lie?

KR: I have a passion for small business, which began when I was about 6 picking flowers from the neighborhood and selling them to the neighbors! A few kindly people gave me a quarter for the dandelions while others were not really pleased. At about 8, I began a dog-walking business. Later I sold vegetables from a cart. The cart was supposed to be pulled by a pony, but the pony got heat stroke on the first day, so my friend and I pulled it. We got vegetables from a farmer and a wholesaler and pulled that cart all over Baltimore throughout a very hot and humid summer. It was a blast.

I also have a passion for the desert, and for saving wild places, plants and animals. And of course I have a passion for books and reading!

DB: If you could wave a magic wand, what would Wingspan look like in 5 years?

KR: If I could wave a magic wand and envision Wingspan in 5 years, I would wish for a nice, steady funding stream that would help sustain Wingspan, both with its current programs and also future programs and staff positions -- to its heart's content!

June 2014						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Iron Horse Park Cleanup 7:00 AM	4	5 TMC Presentations: Journey for Control: Diabetes Education 1 - 3 PM	6	7
8	9	10 Wingspan Senior Pride Meeting Himmel Library 2:00 PM TMC Presentation 1:30 -3:30 PM	11	12 Senior Pride & EON Youth Ice Cream Social at Wingspan 5 - 7 PM	13	14
15	16	17 Iron Horse Park Cleanup 7:00 AM	18	19	20	21 40s and Better Breakfast Group 9:30 – 11:00 am
22	23	24 TMC Presentation: Understanding Dementia 1:30 -3:30 PM	25	26	27	28 Senior Pride potluck - MCC 12 Noon
29	30					

Due to space limitations in the calendar, see the newsletter itself for complete information for some activities (e.g., TMC presentations).

Senior Services Presentations from pg 2

Tuesday, June 24th from 1:30 to 3:30 PM -
Alzheimer's Film/Discussion: Understanding
Dementia

Humor Corner

A successful rancher died and left everything to his devoted wife. She was a very good-looking woman and determined to keep the ranch, but knew very little about ranching, so she decided to place an ad in the newspaper for a ranch hand.



Two cowboys applied for the job. One was gay and the other a drunk.

She thought long and hard about it, and when no one else applied she decided to hire the gay guy, figuring it would be safer to have him around the house than the drunk.

He proved to be a hard worker who put in long hours every day and knew a lot about ranching. For weeks, the two of them worked, and the ranch was doing very well.

Then one day, the rancher's widow said to the hired hand, "You have done a really good job, and the ranch looks great. You should go into town and kick up your heels." The hired hand readily agreed and went into town one Saturday night.

One o'clock came, however, and he didn't return. Two o'clock and no hired hand. Finally he returned around two-thirty, and upon entering the room, he found the rancher's widow sitting by the fireplace with a glass of wine, waiting for him.

She quietly called him over to her. "Unbutton my blouse and take it off," she said. Trembling, he did as she directed. "Now take off my boots."

He did as she asked, ever so slowly. "Now take off my socks." He removed each gently and placed them neatly by her boots. "Now take off my skirt."

He slowly unbuttoned it, constantly watching her eyes in the fire light. "Now take off my bra." Again, with trembling hands, he did as he was told and dropped it to the floor.

Then she looked at him and said, "If you ever wear my clothes into town again, you're fired."

June Events

Meander in Tucson Meetup Group

List of events for lesbian women
<http://www.meetup.com/MeanderinTucson>

Monday Mah Jongg

Every Monday (except holidays), 12:00 noon to 3:00 PM at Himmel Park Public Library branch, 1035 North Treat Ave.

Tuesday, June 3 & June 17

(1st and 3rd Tuesday) 7:00 AM
(note time change) **Adopt a Park**
Iron Horse Cleanup

Iron Horse Park 10th Street
between 3rd and 4th Avenue



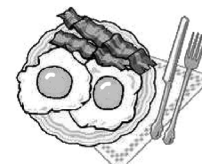
Tuesday, June 10 (2nd Tuesday) Senior Pride Planning Meeting

2 PM at Himmel Park Library
1035 N. Treat Avenue (off Speedway) ph. 594-5305

Saturday, June 21

(every 3rd Saturday of the month) **40s and Better**

Breakfast Group A welcoming network of lesbians Royal Sun Best Western Restaurant SW corner of Speedway and Stone 9:30 - 11:00 AM
Contact: Carol Ehrlich 520-584-0339

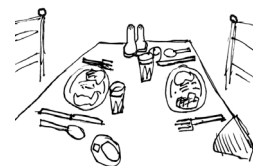


Saturday, June 28

Monthly potluck

A Senior Pride lunch open to all. **Water of Life**

Metropolitan Community Church 3269 N Mountain Ave 12:00 Noon Contact: Lee Roden/Merlin Spillers 520-398-6826





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Tucson, AZ 85705

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There are two kinds of pride, both good and bad. 'Good pride' represents our dignity and self-respect. 'Bad pride' is the deadly sin of superiority that reeks of conceit and arrogance.

~ John C. Maxwell

All anyone asks for is a chance to work with pride.

~ W. Edwards Deming

Besides pride, loyalty, discipline, heart, and mind,
confidence is the key to all the locks.

~ Joe Paterno

They did it to try and belittle me, to try and to take away my pride. But I went through the whole system with them. And at the end, I - I wanted the public to know that I was okay, even though I was hurting.

~ Michael Jackson

Festivals promote diversity, they bring neighbors into dialogue, they increase creativity, they offer opportunities for civic pride, they improve our general psychological well-being. In short, they make cities better places to live.

~ David Binder